



MENTAL AND BEHAVIORAL HEALTH

Zuckerberg San Francisco General Hospital and Trauma Center



SAN FRANCISCO
GENERAL HOSPITAL
FOUNDATION

Every member of our community deserves easy access to exceptional health care.



Zuckerberg San Francisco General Hospital and Trauma Center (ZSFG) is the preeminent provider of outstanding mental and behavioral health care in the Bay Area. ZSFG is on the front lines of this health crisis with San Francisco's only 24/7 emergency department, providing a strong safety net and compassionate care while leading the charge for innovative mental and behavioral health treatments.

Serving more than 8,000 psychiatric patients each year, ZSFG provides acute care and also links to ongoing care in the community. More than 60% of our patients experience homelessness, housing instability, or incarceration, which necessitates a focus on caring for the whole person and going beyond the treatment needed in the moment. In addition, ZSFG provides intensive support to more than 1,000 of the most severely mentally ill clients with prior psychiatric hospitalizations.

Transform Mental and Behavioral Health Fund

In 2019, the SFGH Foundation responded to rising mental and behavioral health needs throughout the city and county of San Francisco by launching the Transform Mental and Behavioral Health Fund (TMBHF), a multi-year project focused on mental health programs, services, and improvements and the issue of health equity.

HOSPITAL PROGRAMS SUPPORTED BY THE FUND INCLUDE:

- **Addiction Care Team** offers substance use services such as harm reduction, evidence-based treatment, and linkage to care.
- **In-patient Psychiatry** is dedicated to providing culturally competent services to our diverse patient population and providing a range of clinical services informed by evidence-based practices.
- **Psychiatric Emergency Services** are available 24/7 and include a Suicide Prevention Hotline, Mobile Crisis Team, comprehensive child crisis outreach visits, and more.
- **Social Medicine** provides holistic wrap-around services to our most vulnerable patients.
- **Solid Start** meets the comprehensive needs of pregnant people and families with children age zero to three.
- **Team Lily** provides person-centered, trauma-informed services to pregnant and postpartum people, primarily those experiencing homelessness, substance use disorders, incarceration, intimate partner violence, and/or mental illness.



Going Beyond the Bandage

All patients deserve dignified care. The following services will help to overcome the challenges experienced by our mental and behavioral health patients.

- **Hire Patient Navigators to help with care coordination and linkage to care.**
Social, cultural, and economic barriers often limit or prevent vulnerable populations from accessing adequate medical care. Patient Navigators are trained, culturally-sensitive professionals who guide patients through the health care system to ensure they receive the necessary care.
- **Train and educate.**
As more holistic mental health care plans are

developed, providers will benefit from coordinated professional development and team-based training. We will also develop formal partnerships between departments, a centralized curriculum, and training framework, resulting in better patient outcomes.

- **Improve data acquisition and analysis.**
Hiring data analysts and evaluation managers will help programs to establish their data and evaluation infrastructure; create an overarching multi-year plan; standardize data collection across various teams; and codify metrics across different areas of care. These improvements will be adopted hospital-wide, resulting in better-informed care and healthier patients.



You Can Make a Difference

While public funds support ZSFG's core services and operations, limitations continue to exist in mental and behavioral health care that necessitate the intervention of private funders. Donor support enables providers to identify new and better treatment for their patients, reimagine outdated approaches to care delivery, and apply innovative technological approaches to manage mental health and addiction. Donations further expand hospital and program capacity by facilitating the hiring of needed roles like Patient Navigators.

The mental and behavioral health experts at ZSFG are actively designing the next generation of health care

to transform the lives of the patients experiencing these challenges.

We invite you to bolster crucial programs and services, ensure health equity, and promote treatment innovation by making a gift to the Transform Mental and Behavioral Health Fund at San Francisco General Hospital Foundation.

We believe in equity, access, and quality health care for all. Will you join us? Learn more at sfghf.org/tmbh



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